

Syllabus - Week 3

Teaching and Coaching Generative Trance: The Advanced Certification Course

Overview

Week 1 explores how to create and enter into a generative trance from which thousands of new forms and experiences can unfold, especially focusing on how to do this with a powerful 7-step model. Week 2 goes deeper, seeing how human needs are the main drivers of creative consciousness, and how they give rise to both limiting and liberating self-expression. You learn the ways that sustained suffering are unconsciously created, and how generative trance can illuminate and transform them into lasting creative patterns.

Teacher Training

This is the course that many people have requested: How to practice, coach, and teach Generative Trance at an advanced level. I want you to be able to walk into a room, sense the gems of wisdom that Generative Trance has to offer, and then confidently discover how to transmit that wisdom in powerful ways that change people's lives. I want you to know the infinite world of creative mind circulating in the different structures of Spirit, Nature, Virtual Mind, and Integral consciousness...and then know how to think about it, describe it, share, and activate it in transformational conversations. This allows every dimension of life—the successes and failures, the joys and pains, the problems and the resources—to be regarded in a positive and creative ways.

To do all this you need (1) a coherent multi-level theoretic and practical understanding of why/when/how trance is a transformational method; (2) a connection to nonverbal intelligence, first in one's self, then in the your students/clients; (3) a passion for continuous development, practice, and new learning; (4) a deep friendship with the the creative unconscious and its multitude of nonverbal, non-rational, sometimes emotional, nonlinear experiential patterning; (5) a willingness to welcome non-knowing and uncertainty.

Week 3 Learning

In this week central topics will include:

You will learn many different ways to do all this, and more. The common seeds in each are the relational mind (within and between individuals) and the utilization principle, a willingness to welcome all that is there. Embodying this with compassion is the “secret sauce” that allows you to weave every moment of the sessions into memorable experiential learnings. There will be numerous experiential exercises for platform skills, in the complementary skills of clear frameworks, deep group experiences, powerful demonstrations, helpful exercises, and integrating discussions.

Primary attention is paid to establishing and maintaining positive connections with self and others during such work, thereby developing an integrated, generative self. You will learn how far from being a passive state, generative trance gives you the power to know and express your deepest self.

The learning will be intense and experiential. We will have many demonstrations, group trances, exercises, and some supervision by both Dr. Gilligan and the team. You can expect to have very deep learning experiences, and also develop your understanding and competence of Generative Trance at the training level.

Avanced Certification

The criteria to receive Advanced Certification in Generative Trance are as follows:

- Completion of Trance Camp Weeks 1 & 2, and fulfillment of all requirements for Basic Certification in Generative Trance.
- Attend ALL days of the 5-day Advanced Generative Trance Course (Week 3 of San Diego Trance Camp)
- Complete 10 practice sessions with clients that are NOT sessions taking place during your Week 3 TC course sessions.
- Fill out and submit 10 practice forms (online link for forms will be supplied)—one for each session. You cannot submit more than 2 sessions with any one client. Thus, you must work with at least 5 different people. You have one year to complete and submit forms for these 10 sessions.

- Fill out (after reflection) and submit the Advanced Generative Trance Personal Assessment form. Personal reflections include questions, such as:
 - Into what context(s) would you like to expand your work with Generative Trance?
 - What do you find to be your own unique and special gift or “flavor” that you bring to this work? Put another way, what is your “superpower”?
 - What are some example of your “gift” or “superpower” in action? (Please provide at least two examples.)

How do you approach introducing “hypnosis” or “trance” work with your clients? What is a favorite exercise or method that you use to introduce it to them Or perhaps, a way in which you describe it to them?

Do you have a specialty area where you apply Generative Trance most, or where you use GT with certain kinds of clients, or with certain kinds of issues (e.g., couples work, addiction, post traumatic stress, psychedelic integration, etc.)?

If you were to use a “sound bite” to capture the essence of your professional identity, what might it be? For example, a healer, muse, shaman, problem solver, guide, translator, etc.

- Now in a more expanded fashion, how might you describe yourself professionally?

Do you have a sense of when you have fallen into a CRASH state, in your personal and/or professional life? (Please check below.)

- When you have fallen into a CRASH state, what are one or two ways that you find your way back into a COACH field?

Once you have completed all of these requirements, which will be reviewed for approval, then you will be asked to submit payment in order to receive the advanced certification.