

Syllabus - Week 3

Advanced Intensive: Creativity Beyond Technique

Overview

Week 1 explores how to create and enter into a generative trance from which thousands of new forms and experiences can unfold, especially focusing on how to do this with a powerful 7-step model. Week 2 goes deeper, seeing how human needs are the main drivers of creative consciousness, and how they give rise to both limiting and liberating self-expression. You learn the ways that sustained suffering are unconsciously created, and how generative trance can illuminate and transform them into lasting creative patterns.

When Things Fall Apart

Week 3 is based on how research shows that every model or method, no matter how brilliant or expertly applied, only works some of the time. In perhaps one third of cases, techniques fail, usually owing to unintegrated shadow patterns hidden to ego observation. This Advanced Intensive illuminates how this is where the deepest changes are possible. We will explore how to develop generative trances sufficiently deep and safe to: (1) open awareness beneath the conscious mind; (2) sense and invite the “hidden presences” into the creative conversation; and, (3) allow a deep-level identity transformation to transpire from the integrated connections. In developing a confidence and intelligent capacity to do this, you can live life in an open-hearted, skillful, and engaged way.

Week 3 Learning

In this week central topics will include:

1. How the generative field of creative consciousness contains many shadow areas, both individual and collective, that block love, connection, and creativity;

2. How the places you've learned to fear the most actually contain your deepest resources and creativity;
3. How generative trance can safely allow awareness to notice and begin to integrate these wounded areas;
4. How to cultivate generative trances that can hold multiple contradictory elements in an integrated way: intention, resources, wounds, ancestors, embodied presence, etc.

Primary attention is paid to establishing and maintaining positive connections with self and others during such work, thereby developing an integrated, generative self. You will learn how far from being a passive state, generative trance gives you the power to know and express your deepest self.

The learning will be intense and experiential. We will have many demonstrations, group trances, exercises, and some supervision by both Dr. Gilligan and the team. You can expect to have very deep learning experiences, and also develop your understanding and competence of Generative Trance at the next advanced level.